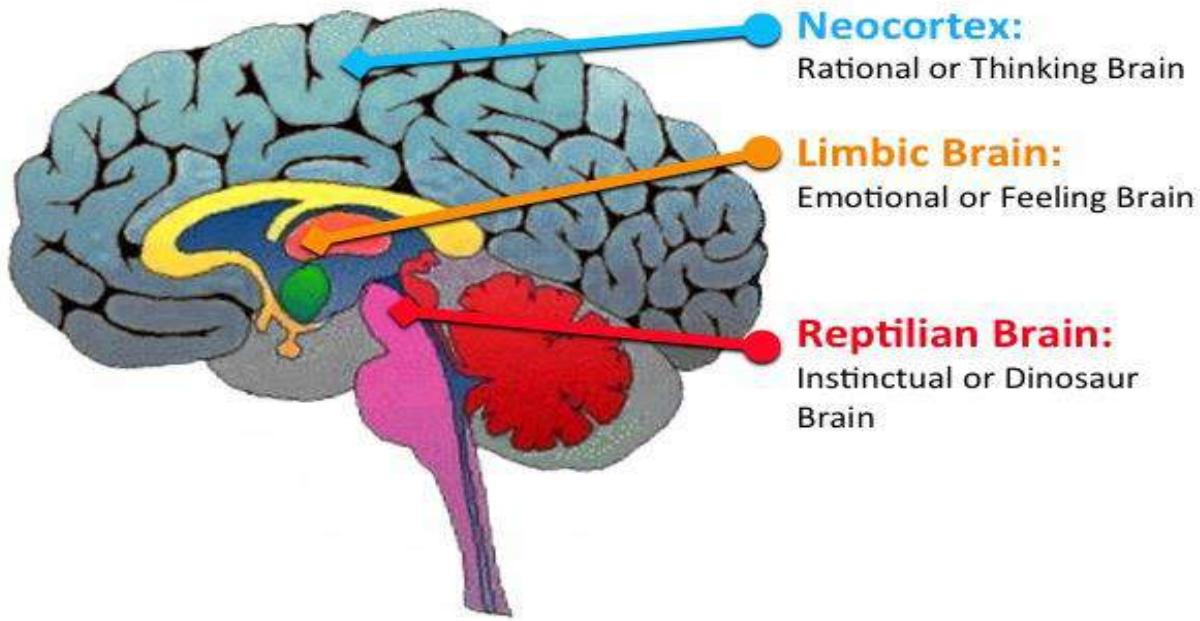


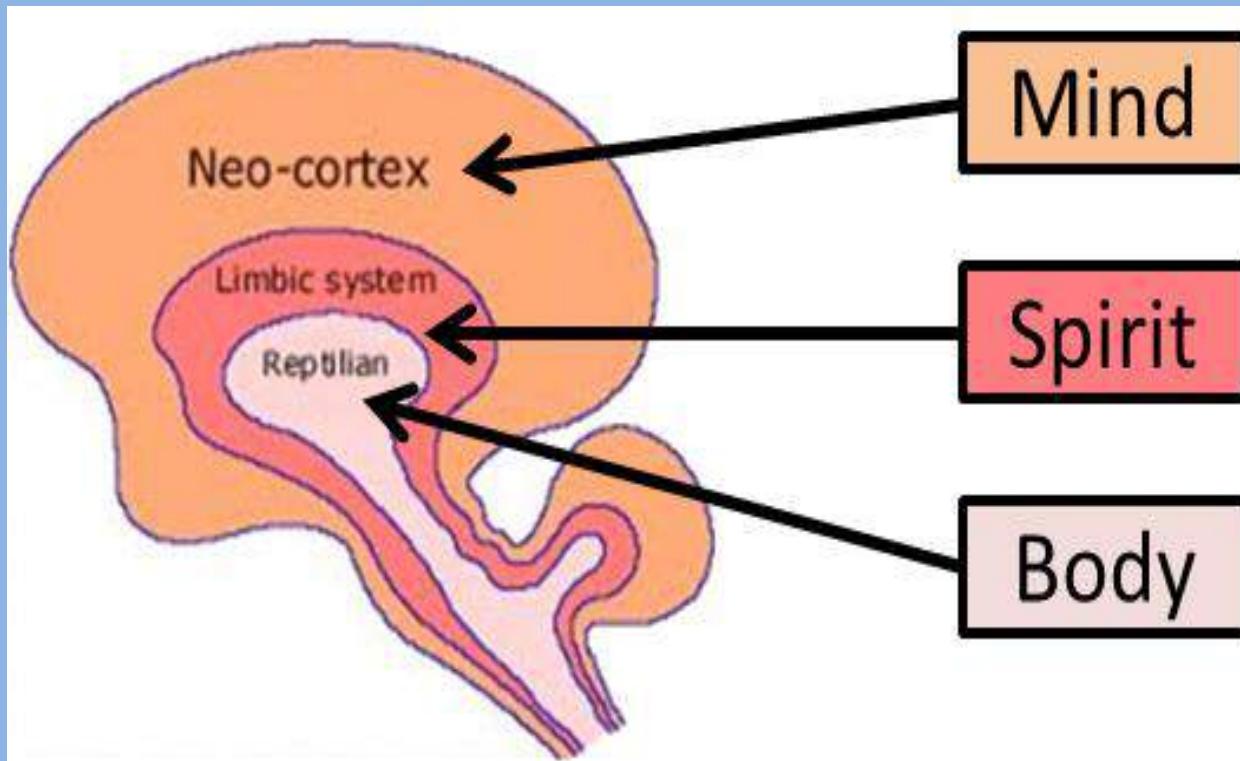
Rational Emotive Behavior Therapy

R.E.T.

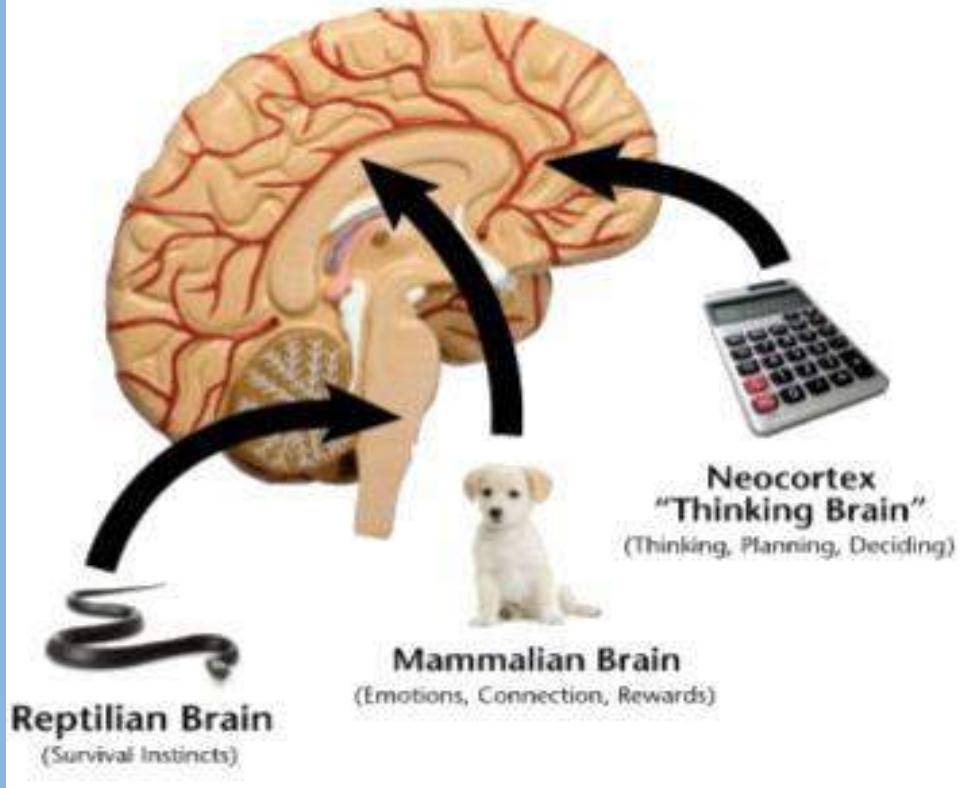
a new pragmatic philosophy

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The Three Brains



It's simple, like ABC
a way to manage emotions



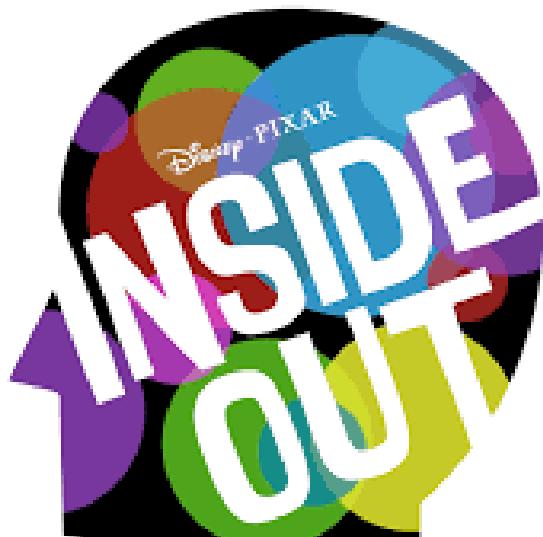


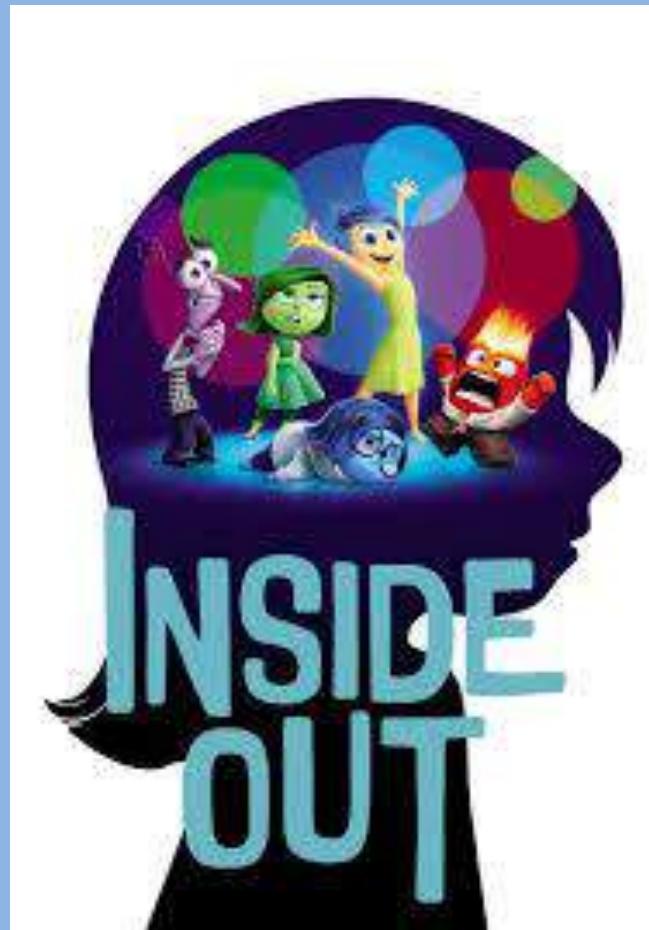
It's simple like ABC
a way to manage emotions

- A Antecedents
- B Beliefs
- C Consequences



MEET THE LITTLE VOICES
INSIDE YOUR HEAD.

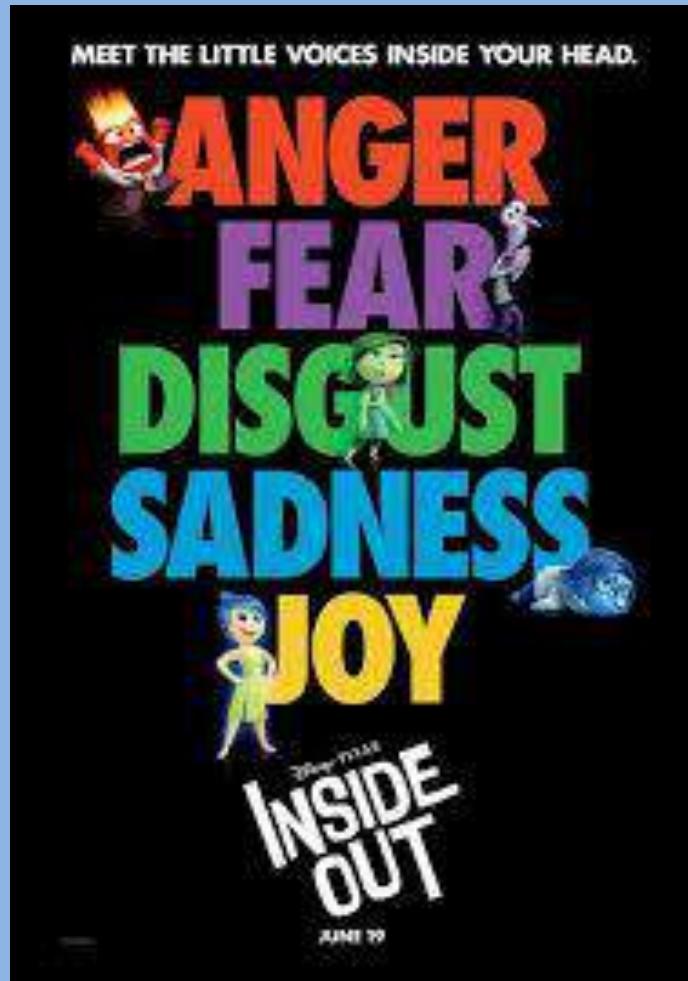




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INSIDE OUT - THE GAME

22ND OF DECEMBER 2015



LA MEZZANOTTE DI CAPODANNO
NEW YEAR'S EVE MIDNIGHT

IL PRANZO DI NATALE
CHRISTMAS LUNCH

UNA LITE TRA AMICI
AN ARGUMENT AMONG FRIENDS

UN RICORDO D'INFANZIA
A CHILDHOOD MEMORY

UNA VITTORIA SPORTIVA
A SPORT VICTORY